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Portrait Essentials with Susan Ploughe
Friday, Saturday, and Sunday, February 23, 24, and 25
9:00a-4:00p

Day One will start promptly at 9:00, so please arrive early enough to get set up before then. Doors open at 8:30 AM.

Paints - These are the colors I currently have on my palette. They may change. You do not need the exact same ones. I want you to use what you are comfortable with. If you have additional colors on your palette that you like to use, feel free to bring them.

(limited palette colors are marked with an asterisk)

- Titanium White *
- Cadmium Yellow Light *
- Cadmium Orange *
- Cadmium Red Light
- Thalo Red Rose (Grumbacher)*
- Alizarin Crimson Permanent *
- Ultramarine Blue *
- Purple of some kind (I might have Dioxazine)
- Viridian *
- Sap Green
- Yellow Ochre *
- Burnt Umber
- Transparent Oxide Red (Rembrandt) OR Transparent Earth Red (Gamblin) *
- Radiant Violet (Gamblin) - this is an *extremely* useful color for portraits, it is much lighter than the purple in the other column
- Permanent Green Light - also really useful for portraits

Brushes -If you already own brushes, bring a variety of sizes and shapes that you like to use. If you need to buy brushes, I suggest the following:

- **Natural hog hair or synthetic bristle brushes, size 2, 4, 6, 8, 10.** These are fairly stiff brushes. Filberts or flats, or a combination. (I use mostly Silver Bristlon Series 1901 flats, but that is just personal preference).
- **One or two smaller bristle or synthetic bristle rounds** (pointy brushes, sizes 0,1) for detail
- **A couple of soft brushes, flats, maybe ½” and 1”.** These don't have to be expensive brushes – just make sure the hairs won't fall out and that they can stand up to solvent.

Surfaces - You will be doing lots of small studies, plus a couple of slightly larger paintings. Choose **ONE** of these options:



- **Canvas sheets** – these will be available for purchase at Mainstreet throughout the workshop. If you choose this option, bring tape (not blue) and a backing board to mount sheets on
- **4-6 canvas boards – 12 x 16 inches each.** Student grade is fine. If you are choosing this option, please purchase them ahead of time. You may use stretched canvas, but boards are easier to transport. If you prefer to work on gessoed panels, feel free.

Other Items

- **Wet Panel Carrier** – to get your paintings home. If you are driving, you can just lay them out on cardboard or in pizza boxes. For a more protective solution, check out PanelPak or Raymar.
- **Palette Knife** – Bring one, or more if you have them
- **Palette** – preferably not white. If you use paper palettes, buy the grey ones
- **Solvent** – Must be *completely* odorless. Gamsol Odorless Mineral Spirits or Sunnyside Odorless Thinner
- **Container for Solvent**
- **Paper Towels** - Viva, Bounty, or blue shop towels
- **Masking tape** (not blue)
- **Backing board** (if using canvas sheets)
- **Prospek Proportional Divider** optional (but really helpful) This is a huge timesaver and accuracy-improver if your drawing skills are a little weak

What to Expect

I will do demos throughout the three days. You will be doing lots of exercises. Don't expect to take home finished portraits. I will provide the reference photos for each exercise.

On Day Two you can bring in several photos that you are thinking of using as a reference for a portrait painting. We will analyze them together, but you probably will not use them during the workshop. You may also bring in a portrait painting (or a photo of it) that you have done and we can discuss it.